



# Wellbeing and Benefits Programme

At Shore, we are dedicated to supporting the wellbeing and growth of our staff at every age, stage and role. We believe that wellbeing is holistic, with each dimension - physical, financial, emotional, spiritual, professional, and social - interconnected and supporting one another. Our staff benefits are designed to nurture all these areas, helping you achieve balance and fulfillment in both your personal and professional life. By offering resources and support across various aspects of wellbeing, we aim to empower you to thrive and succeed, both inside and outside the workplace.

We offer the following benefits to Shore staff:

### PHYSICAL

- Use of sports facilities including gym & swimming pool at North Sydney campus\*
- On-Site Pilates Classes\*
- Lunch provided daily during Term time\*
- Annual Flu Vaccination\*
- Perkbox: Wellbeing Hub & Gym Discounts

### FINANCIAL

- Perkbox: Discounts & Perks
- School fee discounts\*
- Southgate salary packaging & novated leasing\*
- Westpac Financial Partnerships
- Staff as Life-Long Learners – Educational Financial Assistance\*

### EMOTIONAL

- EAP\*
- Perkbox: Wellbeing hub

### SPIRITUAL

- Chaplain Checkins: Christianity Explained, Marriage Preparation & Enrichment, Personal Care Plans
- Chapel Services

### PROFESSIONAL

- Staff Development Programmes\*
- Departmental PD budgets\*
- Library Resources & Staff Book Club\*
- Induction Packs for New Starters\*

### SOCIAL

- Flexible Work Arrangements
- 1 Mandatory Co-Curricular sport/activity
- New Staff: Mid Year Mingle\*
- Holiday Staff BBQs\*

*\*Available to Permanent & Fixed Staff only*

